

1. What is the difference between contagious and non-contagious diseases?

Contagious disease

A disease that can be transmitted from an infected person to some other person. Flu, Polio, T.B, Covid-19

Non-contagious disease

Diseases that are not communicated from an infected person to another person

2. Write the ways to prevent contagious diseases? *diabetes, heart disease*

We can prevent by different practices such as washing hands, wearing masks and vaccination.

3. What is the advantage of coughing?

The coughing removes the obstruction (dust, mucus) from the windpipe.

4. Project: Observe your house kitchen and find out factors which may lead to a disease:

No.	Factors	Diseases which may spread	How to prevent?
1.			
2.			
3.			

5. Tick (✓) the correct answer.

You can google to fill this table.

(i). If the temperature of our body rises from 98.6°F to 100.5°F , then it is called:

- (a) hot weather (b) flu (c) fever (d) sore throat

(ii). Which food contains the most calcium?

- (a) meat (b) legumes (c) bread (d) milk

(iii). What will you do to avoid getting flu?

- (a) sleep more (b) wash hands (c) wear a mask (d) drink milk

(iv). What is the cause of Polio?

- (a) bacteria (b) honey bee (c) virus (d) lizards

(v). Contagious diseases can be prevented by:

- (a) wearing mask (b) washing hands
(c) getting vaccinated (d) all of the above